



FACILITY RULES AND RESPONSIBILITIES

Everyone entering the facility must check in with the front desk and sign a waiver.

Anyone under the age of eighteen will need a parent or legal guardian to sign their waiver.

Climbing is dangerous! Climb at your own risk.

All types of climbing, including bouldering, auto belaying, and roped climbing, and other activities available at The Front involve risks that can result in severe injury or death. Your participation in climbing or other activities at The Front means you acknowledge and assume the risks involved. Following The Front's rules and instructions does not guarantee your safety.

In the event of an injury, alert the front desk immediately.

You are responsible for understanding and climbing within your ability and risk limits. If you are unfamiliar with or have questions about any aspect of climbing or other activities at The Front, do not attempt the activity. Please ask staff about our instructional offerings.

Children under 14 must be accompanied and supervised by an adult.

The accompanying adult assumes all responsibility for supervision. Some areas and activities may have other age restrictions-see posted signs.

It is your responsibility to read and comply with all rules and instructions of The Front.

Rules vary by activity and area of the facility (e.g., bouldering, roped climbing, fitness, and dog areas) and may change periodically. It is your responsibility to read and abide by them.

If you want to top rope belay, lead climb, lead belay, or use an auto belay, you must pass the specific test for each activity prior to participation.

You are responsible for your own equipment and belongings.

It is your responsibility to know how to use and inspect the equipment you bring to The Front, and to ensure it is fit for use and complies with all manufacturer requirements and instructions. The Front is not responsible for inspecting or otherwise ensuring your equipment is fit for use.

The Front is not responsible for lost or stolen items. Lockers and cubbies are provided for convenience only.



Climbers must wear climbing shoes (no bare feet or street shoes).

Remember: drugs, alcohol, and climbing don't mix.

We reserve the right to refuse service to anyone suspected of being “under the influence” at any time.

You are responsible for your pets. Use the designated dog area at your and your pet's risk.

No pets allowed inside the facility unless you have received specific permission from staff or have a service animal. Please read and abide by all posted pet area signage.

Violating rules and instructions or engaging in unsafe or disruptive behavior may result in immediate removal from the facility.

We may update our posted rules and signs periodically without notice, so please review posted rules and other signs regularly.



ROPED CLIMBING RULES AND RESPONSIBILITIES

Climbing is dangerous! Your safety is your responsibility.

Roped climbing involves risks that can result in severe injury or death. Your participation in roped climbing means you acknowledge and assume the risks involved. Roped climbers are responsible for choosing a competent climbing/belay partner, performing partner checks prior to every climb, and following The Front's rules and instructions. It is your responsibility to ask staff if you have any questions.

Children under the age of 14 may not belay, lead climb, or use an auto belay.

Specific exceptions may apply during staff-supervised instruction.

You must pass a test before you: top rope belay, lead climb or lead belay, or use an auto belay.

Once you pass the test, you will be given a belay tag, which you must display on your harness at all times. Please ask the front desk if you would like to take a test.

Belayers must use assisted-braking belay devices only.

If you are not sure if your belay device qualifies, please ask staff prior to use.

No teaching.

Please do not teach others how to tie in, belay, lead climb, or use an auto belay. If you want to learn to climb, please sign up for one of our classes.

Top rope using The Front's preset top rope climbs only.

Please do not top rope "follow" lead routes or mock lead. Specific exceptions may apply during staff-supervised instruction or The Front's other sanctioned accommodations.

It is your responsibility to pay attention to your surroundings at all times.

Avoid climbing above, below, or crossing ropes with other climbers. Please do not wear headphones while in the roped climbing area (specific exceptions apply for those with hearing or vision impairments and their aides; please ask staff for further information).

Do not take personal belongings into the climbing area.



You are responsible for emptying your pockets, removing loose objects, and storing your belongings off the climbing floor before climbing.

You are responsible for ensuring that all your equipment is fit for use in roped climbing and your lead rope is at least 40 meters long.

It is your responsibility to know how to use, inspect, and ensure the equipment you bring to The Front is fit for use in the type of climbing you are participating in and complies with all manufacturer requirements and instructions. The Front is not responsible for inspecting or otherwise ensuring your equipment is fit for use.

Passing our tests and abiding by our rules and instructions does not guarantee safety.

Please ask staff if you have any questions or concerns prior to participating in roped climbing. Your participation in roped climbing means you acknowledge and assume the risks involved, including serious injury and death.



BOULDERING RULES AND RESPONSIBILITIES

Bouldering is dangerous! Your safety is your responsibility.

Every fall is a ground fall. You may at any time and at any height fall, whether by losing your grip, footing, having a hold spin or break, or other cause. Bouldering pads are intended to reduce the impact of falls and are not designed to prevent injuries to extremities or other parts of the body. Our bouldering walls can reach a height of up to 17 feet and a fall from any height may result in serious injury or even death. Climb only as high as you're willing to fall and down climb when possible.

Children under 14 must be accompanied and supervised by an adult.

It is your responsibility to pay attention to your surroundings at all times.

You are responsible for staying clear of other climbers and making sure the pads are clear of people, your belongings, and other objects.

Abiding by our rules and instructions does not guarantee safety.

Please ask staff if you have any questions or concerns prior to participating in bouldering. Your participation in bouldering means you acknowledge and assume the risks involved, including serious injury and death.



YOGA RULES AND RESPONSIBILITIES

Children under 14 must be accompanied and supervised by an adult.

Pre-register for class in advance.

Practice good hygiene and do not attend if you are sick or have a contagion.

Clean equipment and mats after use.

Silence phones and devices; no recording unless given permission by staff.

Pay attention and follow instructions.

No shoes in the yoga room.

If you do not wish to be touched by the instructor, please inform them before class.



JIU-JITSU RULES AND RESPONSIBILITIES

Children under 14 must be accompanied and supervised by an adult.

Pre-register for class in advance.

Participate at your own risk! Jiu-Jitsu involves hand-to-hand combat, live sparring, and gymnastic and unpredictable movements that involve risks of severe injury and death.

Tap early and tap often - keep your focus on learning and improving.

No shoes on the mats.

Practice good hygiene and do not attend if you are sick or have a contagion.

Silence phones and devices; no recording unless given permission by staff.

Pay attention and follow instructions.



GROUP FITNESS AND SPIN RULES AND RESPONSIBILITIES

Children under 14 must be accompanied and supervised by an adult.

Pre-register for class in advance.

Practice good hygiene and do not attend if you are sick or have a contagion.

Clean equipment and mats after use.

Silence phones and devices; no recording unless given permission by staff.

Pay attention and follow instructions.



RUMSY'S AND SOMA CAFE RULES AND RESPONSIBILITIES

No outside food and beverages allowed in the cafe areas.

No alcoholic beverages allowed outside of designated cafe seating areas -

And remember, drinking and climbing don't mix.



DOG AREA RULES AND RESPONSIBILITIES

You are responsible for your dog. Use at your own risk!

We do not supervise, monitor, or in any way guarantee your or your dog's safety or security when using the dog area. Use of the dog area is entirely at your own risk.

Only well-behaved dogs, please.

If your dog is aggressive (to people or other dogs), digs, tries to escape from enclosures, doesn't play well with others, or barks continuously, do not use the dog area.

You are responsible for ensuring that your dog is licensed, vaccinated, and has ID tags.

Do not bring your dog to the park if it is sick or showing signs of illness.

Do not bring dog toys or food into the dog area.

Do not leave The Front without your dog.

We are not a dog boarding or daycare provider. You must be at The Front to use the dog area.



THE FRONT VOLLEYBALL RULES AND RESPONSIBILITIES

Court is for Front customer use only. Trespassers will be prosecuted.

Children under 14 must be accompanied and supervised by an adult.

Court is for volleyball use only.

Volleyball is a dangerous sport, play at your own risk.

Please ask staff if you have any questions or concerns. Your participation in volleyball means you acknowledge and assume the risks involved, including serious injury and death.

No hanging or climbing on court structures.

No pets allowed on sand.

No alcohol allowed.

The Front reserves the right to close the court or restrict access and use at any time.

Keep the court and surrounding area clean and be respectful.



STUDIO 1396 RULES AND RESPONSIBILITIES

Use of Studio 1396 is at your own risk!

We do not guarantee any project outcomes, including breakage or other project damage from whatever source.

Children under 14 must be accompanied and supervised by an adult.

Follow all instructions.

Do not load, unload or operate the kilns.

Shoes must be worn at all times.

You are responsible for processing and picking up your work on time.

We reserve the right to dispose of work that is not processed or picked up on time.

You are responsible for leaving the studio in a clean condition.

Clean all tools and return them to where you found them. Wipe down all workspaces and equipment you use.

Please be considerate of others' work.

Remember: drugs, alcohol, and pottery don't mix.

We reserve the right to refuse service to anyone suspected of being "under the influence" at any time.



AUTO BELAY

Before using an auto belay, you must:

- Pass The Front's auto belay test
- Display The Front's auto belay tag on your harness
- Confirm carabiners are closed and locked to the correct harness attachment point
- Confirm that lanyard retracts (do a "pull test")

While climbing an auto belay, you must:

- Look for excessive slack in the lanyard as you climb and do not continue to climb if it stops retracting.
- Other than in case of emergency, avoid clipping into quickdraws

No lead climbing on auto belay routes.

No headphones.

Please see the front desk to take our auto belay orientation and test, or if you have questions about using an auto belay. Your use of the auto belay means you acknowledge and assume the risks involved, including serious injury and death.



SAUNA RULES AND RESPONSIBILITIES

Must be 14 or older to use the sauna

Get clean

To maintain cleanliness and hygiene, rinse off in the shower before entering to remove sweat and any strong perfumes or scented products.

Cover up

All sauna users are required to be covered with a towel, available at the Front Desk. Please do not wear gym clothes or shoes in the sauna.

Towels please

Please use a towel on the bench whenever your skin will be in direct contact, as well as under your feet to catch any sweat.

Respect the sauna

Please be considerate of the others using the sauna and avoid loud conversations or disturbances.

Steam guidelines

Do not put more than one spoonful of water on the heater per 10-minute period. Putting too much water on the unit will cause it to break!

Just relax

No exercise in the sauna.

Respect your body

Don't overdo it! If you're feeling dizzy, overheated, or uncomfortable, please exit the sauna. If you have questions about your ability to use the sauna, please consult your doctor.

Remember: drugs, alcohol, and sauna don't mix.

We reserve the right to refuse service to anyone suspected of being "under the influence" at any time.